

Amanda-Activities Specialist  
**480-503-6059**  
 Lisa-Outreach Specialist  
**480-503-6061**

The Gilbert & Chandler Senior Centers, along with AZCEND would like to thank The United Way, The Town of Gilbert, The City of Chandler, and Area Agency on Aging for their continued donations to our Meal Program.

# January 2021

Monday	Tuesday	Wednesday	Thursday	Friday
				1 <b>CLOSED</b> Happy New Year!
4 Pasta Primavera Carrots & Onion Mix Zucchini & Squash Mix Blackberries & Apples	5 Stuffed Pork Loin Sweet Potato Mash Broccoli Fruit Mix	6 Open Roast Beef Sand. Mashed Potatoes Veggie Mix Peach Pie	7 Pork & Hominy Stew Scandinavian Veg Lima Beans Plum Apricots	8 Chicken Alfredo Broccoli Red Peppers & Onions Strawberries & Yogurt
11 Turkey Chili Corn & Red Peppers Roasted Carrots Cara Cara Oranges	12 Tuna Melt Pineapple Carrot Salad Green Bean Salad Bananas with Yogurt	13 Chicken Tenders Cape Code Seasoned Potatoes Apple Pie	14 Braised Beef Broccoli Butternut Squash Oranges & Pineapples	15 Turkey Patty Mashed Potatoes Carrots Fruit Cocktail
18 <b>CLOSED</b>	19 Beef Taco Rancho Blend Veg Calabacita Blend Pineapple Blend	20 Garden Burger Au Gratin Potatoes Chuckwagon Corn Apricot Fluff	21 Chicken A La King Baby Carrots Corn/Peas Pineapple Mango	22 Cheeseburger Spinach Seasoned Potatoes Tropical Fruit
25 Lemon Tilapia Haricot Verts Stewed Tomatoes Apple	26 Cheese Tortellini Cauliflower Lyonnais Carrots Spiced Pears	27 Stuffed Cabbage California Blend Smash Sweet Potatoes Orange	28 Hot Turkey Sandwich Mashed Potatoes Prince Ed Veggies Cranberry Applesauce	29 Chicken Casserole Malibu Veggies Roasted Corn Peaches & Basil

The suggested donation for active participants over 60 years is \$3.50. The cost for guests under 60 years is \$5.00. Reservations are **REQUIRED** at this time. Please call **480-503-6061** or **480-503-6059** before 3pm M-F to reserve your meal. Contributions above the suggested donation are always appreciated. Menus are **SUBJECT TO CHANGE**. Lunch is served from 11:30-12:30 M-F